Strategies and Incentives from Health Plans to Increase Chlamydia

Screening Rates

Reimbursement on fee-for-service basis

Newsletters targeting chlamydia screening rates

 Letters from medical directors detailing the provider's screening rate, description of guidelines, and suggestions for ways to improve screening rates

 Development of an preventive health flow sheet as a best practice activity, with chlamydia screening included

 Patient profiles sent to providers listing patients who did not receive recommended screenings

 Physician profiles listing more than 20 clinical measures including chlamydia screening—and how the provider is doing relative to peers

 Meetings with provider groups by the medical director to show the group's screening rates and to discuss strategies for improvement

One-on-one physician training



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 Birthday letters sent to plan members listing needed screenings tests (including chlamydia screening)

 Financial incentives (e.g. VISA gift card) for completing an annual chlamydia screen

 Automated telephone calls to patients with directed reminders for a cervical cancer screen, along with other preventive screenings

Members received an annual preventive services
magazine that included a description of chlamydia and its
prevention.

 After their fifth year of enrollment, members received a "self help" pamphlet that discussed chlamydia screening.

• Educational brochure sent to members 19 and older, or to the parents of members younger than 18.

